



# TIKI WA'HA ROTARY CLUB OF ALA MOANA



Lend a Hand

May 21, 2004

## MEMBERSHIP MINUTE

By Sam Shenkus

“WHAT DOES ROTARY MEAN TO ME?”

EARL FUSHIKOSHI



I was born in Sprecklesville Maui, attended Waihee School, and lived in a Waiehu vegetable farm. My Dad passed away when I was 12 years old, so I had to do my very best to help the family and graduated from Baldwin High School in 1944. After graduation I sailed to Oahu, with \$50 in my pocket, on the SS Wai'ale'ale in the steerage area with cattle bound for Honolulu. I was excited to be in Honolulu and got a job at the US Engineering Department (USED) as an apprentice earning .50 cents an hour/ \$4.00 a day. I lived in Rice Hall at Punahou School my first year, then moved to the Bishop Museum Barracks in 1945. On April 1, 1946 I was inducted into the Army and stationed in Honolulu at B Replacement Depot Training Center. In 1948, I was discharged as a buck sergeant. I then studied automotive mechanics and equipment at Honolulu Vocational School (now HCC) and in 1949 I became a mechanic at Universal Motors. I loved cars and was very excited to work for a company owned by Paul Faggon Jr., son of the owner of the San Francisco Seals Baseball Team. My first few years at Universal were filled with changes. Universal moved to 410 Atkinson Drive, then relocated to 630 Piikoi when the Ala Moana Hotel was built and the Korean War opened up the opportunity for me to join the sales department. In 1953 two Hong Kong business executives, Mr. Edward Eu and Mr. Newman Pei, purchased Universal Motors. Over the years, I found myself working in every single department, in 1960 I became the Sales Manager and was fortunate to be one of the “Top 100” Automotive Salespersons in the nation for three consecutive years. As one of the “Top 100”, I enjoyed prize trips to Fort Lauderdale, the New York World's Fair and Freeport Bahamas. These prize trips were very exciting since I experienced staying at the Hilton Rockefeller Center and Howard Hughes' Hotel Zanadu. In 1955, I was appointed as the Auto Commissioner for the City & County of Honolulu by Mayor Blaisdell, reappointed by Mayor Fasi in 1969 and served until 1980 when the State took over this agency. In 1976, I became the Executive Sales Manager and one of my customers, Gordon Leong, invited me to lunch at his Ala Moana Rotary Club. I was immediately impressed with the 4-Way Test and inspired with how Rotary stood for honesty. At that time, the only other automotive sales executive

Rotarian was Mr. Fukanaga, the owner of Servco. Mr. Eu and Mr. Pei were both Rotarians, but my fellow Universal employees tried to discourage me from joining Rotary. However, I was very proud to be considered and happily joined the Ala Moana Club in 1976. In 1979 Universal liquidated, I joined Schuman Carriage and after many happy years of car sales, retired in 1991. I try my best to be an active Rotarian and I believe a good Rotarian strives for perfect attendance and pays their dues in both money and time. Every club service project needs our time and our money has made Hawaii and the world a much better place. After almost 30 years, I still look forward to our community service projects, Thursday meetings and sharing the 4-Way Test with my fellow Rotarians.

ALA MOANA HOTEL

- LUNCH -

THURSDAY NOON

## MAY PROGRAMS

27th

**Anton Krucky**  
**Manager**  
**Tissue Genesis**

## JUNE PROGRAMS

6th

**Lorin Gill**  
**Moanalua Gardens**



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**President of RI**  
**Jonathan B. Majiyagbe**

**District 5000**  
**Gary Siracusa, DG**  
**Rotary Club of Ala Moana**  
**Officers and Director**  
**Rotary Year 2003-2004**  
**President Tony Wong**  
**Pres-Elect Milton Miyakawa**  
**Vice President Clayton Wong**  
**Past President Kristine Blancq**  
**Secretary Stephen Arita**  
**Treasurer Kevin McCrary**  
**Sargent at Arms MaryAnn Berry**  
**Club Svc. Glenn Tsumura**  
**International Svc. Bob Hayashi**  
**Community Svc. Glenn Tsumura**  
**Vocational Svc. Candice Naito**  
**Club Service Milton Miyakawa**  
**Fellowship Com. Bridgette Adams**  
**New Generations Clayton Wong**  
**Membership & PR Sam Shenkus**  
**Attendance Wally Young**  
**Fund Raising Dave Berry**  
**Fnds (Rotary & HRYF) Rich**  
**Courson**  
**Indoctrination Dick Bento**  
**Club Historian Ethel Ching**

Since President Tony is in-transit to Osaka, President-Elect Milton presided over today's meeting. Our guest speaker was Mr. Peter Clines from HMSA. Peter discussed key components of a healthy life during our twilight years. The three primary components are: 1) a healthy diet, 2) an active life style, and 3) keeping one's mind mentally stimulated.

As for a healthy diet, Peter suggested that we consume foods that are mineral and vitamin rich. He added that when we are younger, our bodies can compensate for poor diets, but as we age our bodies are not so resilient. An active life style burns calories and maintains our overall fitness level. Also, keeping mentally alert is very important. Exercises such as spelling one's name backwards establish synaptic connections we are not used to using and are beneficial. Doing crossword puzzles and reading also are helpful. Peter also distributed helpful information on diet and a listing of programs that are offered by HMSA.



**George Ing with our guest speaker, Peter Clines from HMSA.**



**The Rotary Club of Ala Moana sweepstakes is over! Berlyn Hinazumi picked the two of diamonds and pocketed over \$800! Congratulation to Berlyn on her windfall!**



**The Four-Way Test**  
*Of the things we Think, Say and Do*

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Goodwill and Better Friendships?
4. Will it be Beneficial to all concerned?

